

POST BACCALAUREATE PROGRAM
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
SCHOOL OF MEDICINE
2025-2026

The UCSF School of Medicine offers a comprehensive, structured graduate certificate post baccalaureate program designed for individuals from low-income and medically underserved backgrounds who have been unsuccessful in gaining admission to medical school or who have completed the required undergraduate course work but need to improve their academic profiles before initiating the medical school application process.

The program is designed to help individuals increase their chances of gaining admission to medical school by offering intensive MCAT review, assistance with medical school application preparation, science courses at the University of California Berkeley Extension, UCSF graduate seminars on health care issues in underserved communities, and academic skills workshops. The program begins on June 20, 2025, and is 11 months in duration. It will be limited to 8 individuals in 2025-2026.

PROGRAM DESCRIPTION

The summer component begins June 2025

The summer component includes intensive MCAT instruction to reinforce the knowledge and skills needed to achieve a high score. Structured practice tests and review sessions will supplement the core instruction component. Participants are expected to take the MCAT examination between mid-August and September following the summer MCAT course.

A learning skills specialist will test and evaluate program participants. Workshops will be offered to enhance skills in test taking techniques, critical thinking, time management, and emotional well-being.

The Academic year component begins August 2025

Participants will have an opportunity to establish a more competitive academic record by taking upper division science courses at UC Berkeley Extension. Each participant is required to take total of six science courses (18 units) during the academic year. Participants will be advised as to the appropriate courses needed to enhance their academic profiles. Participants' progress in science courses will be monitored, and they will be expected to achieve a minimum 3.5 GPA.

A graduate seminar course at UCSF (for credit) on health-care in underserved communities will be held during the academic year in addition to application and interviewing workshops. Mock interviews will be conducted and videotaped for participant evaluation and feedback.

Participants will receive individual attention in preparing their medical school applications and personal statements. The program coordinators will help participants assemble their applications to ensure that all relevant information regarding background and experience is included. Assistance in selecting appropriate schools for application will be provided.

APPLICATION. FINANCIAL AID. AND HOUSING

Participants will be required to complete a California Post Baccalaureate Consortium application (which can be found at the website: <https://postbac.ucdmc.ucdavis.edu/>). Students will be enrolled at UCSF in the Interprofessional Health Post Baccalaureate graduate certificate program and receive special enrollment status at UC Berkeley Extension as part of our program.

Application deadlines:

First time applicant deadline is **March 10, 2025**

Reapplicant deadline is **May 5, 2025**

Applicants must meet the following eligibility requirements:

- Considered low-income or be from a medically underserved community*
- Must currently be a California resident
- Completed an undergraduate degree from an accredited U.S. college or university
- Have a minimum overall GPA of 2.94 or higher; minimum 2.8 GPA in the Sciences and Math

** An eligible individual is from a family with an annual income below established low-income thresholds AND/OR a social, cultural, or educational environment such as those found in certain rural or inner-city environments that have demonstrably presented barriers to navigating admissions or access to health science careers.*

Program Requirements:

- Submit SAT or ACT scores and MCAT scores if you've taken the exam (Minimum MCAT of 496)
- Enter all courses on The California Post Baccalaureate Consortium Program Application
- Completed 1 Year ALL of the following science courses:
 - Biology with laboratory
 - Chemistry with laboratory
 - Organic Chemistry with laboratory
 - Physics
 - One semester (or your college's equivalent) of Biochemistry

Additional Reapplicant Requirements:

- Previously unsuccessful in gaining admission to medical school in the U.S.
- **Minimum** combined MCAT score of 496
- Submit a **verified** medical school application (AMCAS or AACOM) with MCAT scores and calculated GPA

All students are **STRONGLY** encouraged to have completed one semester of undergraduate courses in: Psychology, Statistics, Sociology, Mathematics (to Calculus), ~~U~~pper division Biological Sciences, Humanities, English Composition

Please be sure to adhere to the correct deadline for your application type. Applications received after the Midnight PST on the deadline date will not be accepted

APPLICATION, FINANCIAL AID, AND HOUSING con..

Financial support includes:

- Housing is provided for participants for the first seven weeks of the summer portion of the program.
- A modest stipend during the summer portion of the program to assist with meal and incidental expenses.
- Federal financial aid and scholarship during academic year based on student need.

Participants will be responsible for the following:

- Enrolling and paying tuition for the fall, winter and spring quarters at UCSF. This covers student classes, student services, and health insurance (if needed). Students qualify for federal financial aid at the graduate level.
- Completing and submitting relevant federal financial aid applications (FAFSA <http://www.fafsa.ed.gov>). It is recommended that you submit this financial aid application at the same time you submit your post baccalaureate application. Be sure to have the financial aid report sent to **UCSF**, code **#001319**.
- Finding and providing their own housing for fall, winter and spring semesters.

The admissions committee of the UCSF School of Medicine Post Baccalaureate Program is committed to practicing fair and impartial review of each applicant's file in accordance with the stated criteria for post baccalaureate eligibility and admissions and in accordance with the UC non-discrimination policy.

UC Non-Discrimination Policy

The University of California, in accordance with applicable Federal and State law and University policy, does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, disability, age, medical condition (cancer-related), ancestry, marital status, citizenship, sexual orientation, or status as a Vietnam-era veteran or special disabled veteran. The University also prohibits sexual harassment. This nondiscrimination policy covers admission, access, and treatment in University programs and activities.

CURRICULUM

MCAT Preparation:

- a) MCAT science and critical reasoning preparation courses
- b) Test taking strategies & skills course
- c) MCAT practice tests

Skills Workshops:

- a) Learning skills assessment
- b) Life management
- c) Emotional Wellbeing

Medical School Application Workshops:

- a) Demystifying the application process
- b) How to prepare an application personal statement
- c) Interviewing techniques (includes video-taped practice interviews)

Seminars:

- a) A weekly 3-unit per quarter graduate seminar at UCSF will focus on healthcare and medical student life, and will serve as a forum for small group research projects and presentations
- b) Healthcare disparities bi-weekly journal club – students have an opportunity to read published research on healthcare disparities and practice facilitation and small group leadership skills.

CORRESPONDENCE

The Office of Post Baccalaureate & Outreach Programs sponsors the UCSF School of Medicine Post Baccalaureate Program.

Director:	Lucy Ogbu-Nwobodo, MD, MS, MAS
Associate Director:	Valerie Margol, MA
Senior Program Coordinator:	LaTasha Mitchell
Program Coordinator:	Daysia Sngoeun

Inquiries and correspondence should be directed to:

<https://meded.ucsf.edu/md-program/prospective-students/outreach>

**UCSF School of Medicine
Post Baccalaureate Program
Office of Post Baccalaureate & Outreach Programs
521 Parnassus Ave. 2nd Floor | Box 0710
San Francisco, CA 94143
SOMOutreach@UCSF.edu
(415) 502-4318**