

POST BACCALAUREATE PROGRAM
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
SCHOOL OF MEDICINE
2023-2024

The UCSF School of Medicine offers a comprehensive, structured graduate certificate post baccalaureate program designed for individuals from disadvantaged and underserved backgrounds who have been unsuccessful in gaining admission to medical school or who have completed the required undergraduate course work but need to improve their academic profiles before initiating the medical school application process.

The program is designed to help individuals increase their chances of gaining admission to medical school by offering intensive MCAT review, assistance with medical school application preparation, science courses at the University of California Berkeley Extension, UCSF graduate seminars on health care issues in underserved communities, and academic skills workshops. The program begins on June 20, 2023, and is 11 months in duration. It will be limited to 15 individuals in 2023-2024.

PROGRAM DESCRIPTION

The summer component begins June 2023

The summer component includes intensive MCAT instruction to reinforce the knowledge and skills needed to achieve a high score. Structured practice tests and review sessions will supplement the core instruction component. Participants are expected to take the MCAT examination between mid-August and September following the summer MCAT course.

A learning skills specialist will test and evaluate program participants. Workshops will be offered to enhance skills in test taking techniques, critical thinking, time management, and emotional well-being.

The Academic year component begins August 2023

Participants will have an opportunity to establish a more competitive academic record by taking upper division science courses at UC Berkeley Extension. Each participant is required to take total of six science courses (18 units) during the academic year. Participants will be advised as to the appropriate courses needed to enhance their academic profiles. Participants' progress in science courses will be monitored, and they will be expected to achieve a minimum 3.5 GPA.

A graduate seminar course at UCSF (for credit) on health care in underserved communities will be held during the academic year in addition to application and interviewing workshops. Mock interviews will be conducted and videotaped for participant evaluation and feedback.

Participants will receive individual attention in preparing their medical school applications and personal statements. The program coordinators will help participants assemble their applications to ensure that all relevant information regarding background and experience is included. Assistance in selecting appropriate schools for application will be provided.

APPLICATION, FINANCIAL AID, AND HOUSING

Participants will be required to complete a California Post Baccalaureate Consortium application (which can be found at the website: <https://postbac.ucdmc.ucdavis.edu/>). Students will be enrolled at UCSF in the Interprofessional Health Post Baccalaureate graduate certificate program and receive special enrollment status at UC Berkeley Extension as part of our program.

Application deadlines:

First time applicant deadline is **March 23, 2023**

Reapplicant deadline is **May 4, 2023**

Applicants must meet the following eligibility requirements:

- Considered disadvantaged* or be from an underserved community
- Must currently be a California resident
- Completed an undergraduate degree from an accredited U.S. college or university
- Have a minimum overall GPA of 2.94 or higher; minimum 2.8 GPA in the Sciences and Math

** A disadvantaged individual is one who, from an early age, resided in a low-income community or experienced enduring family, societal, or other hardship that significantly compromised educational opportunities. An underserved community is a geographic location or an identified population that is determined medically underserved based upon U.S. Census data.*

Program Requirements:

- Submit SAT or ACT scores and MCAT scores if already taken the exam (Minimum MCAT of 496)
- Enter all courses on The California Post Baccalaureate Consortium Program Application
- Completed 1 Year ALL of the following science courses:
 - Biology with laboratory
 - Physics with laboratory
 - Chemistry with laboratory
 - Organic Chemistry with laboratory
- Completed 1 semester in the following course:
 - Biochemistry

Additional Reapplicant Requirements:

- Previously unsuccessful in gaining admission to medical school in the U.S.
- **Minimum** combined 2015 MCAT score of 496
- Submit a **verified** medical school application (AMCAS or AACOM) with MCAT scores and calculated GPA

All students are **STRONGLY** encouraged to have completed one semester of undergraduate courses in: Psychology, Statistics, Sociology, Mathematics (to Calculus), Upper division Biological Science, Humanities, English Composition

Please be sure to adhere to the correct deadline for your application type. Applications received after the Midnight PST on the deadline date will not be accepted

APPLICATION, FINANCIAL AID, AND HOUSING con..

Financial support includes:

- Housing is provided for participants for the first seven weeks of the summer portion of the program.
- A modest stipend during the summer portion of the program to assist with meal and incidental expenses.
- Federal financial aid and scholarship based on student need.

Participants will be responsible for the following:

- Enrolling and paying tuition for the fall, winter and spring quarters at UCSF. This covers student classes, student services, and health insurance (if needed). Students qualify for federal financial aid at the graduate level.
- Completing and submitting relevant federal financial aid applications (FAFSA <http://www.fafsa.ed.gov>). It is recommended that you submit this financial aid application at the same time you submit your post baccalaureate application. Be sure to have the financial aid report sent to **UCSF**, code #**001319**.
- Finding and providing their own housing for fall, winter and spring semesters.

The admissions committee of the UCSF School of Medicine Post Baccalaureate Program is committed to practicing fair and impartial review of each applicant's file in accordance with the stated criteria for post baccalaureate eligibility and admissions and in accordance with the UC non-discrimination policy.

UC Non-Discrimination Policy

The University of California, in accordance with applicable Federal and State law and University policy, does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, disability, age, medical condition (cancer-related), ancestry, marital status, citizenship, sexual orientation, or status as a Vietnam-era veteran or special disabled veteran. The University also prohibits sexual harassment. This nondiscrimination policy covers admission, access, and treatment in University programs and activities.

CURRICULUM

MCAT Preparation:

- a) MCAT science and critical reasoning preparation courses
- b) Test taking strategies & skills workshops
- c) MCAT practice tests

Skills Workshops:

- a) Learning skills assessment
- b) Life management
- c) Emotional Wellbeing
- d) Cultural sensitivity

Medical School Application Workshops:

- a) Demystifying the application process
- b) How to prepare an application personal statement
- c) Interviewing techniques (includes video-taped practice interviews)

Seminars:

- a) A weekly 3-unit per quarter graduate seminar at UCSF will focus on health care and medical student life, and will serve as a forum for small group research projects and presentations.

CORRESPONDENCE

The Office of Post Baccalaureate & Outreach Programs sponsors the UCSF School of Medicine Post Baccalaureate Program.

Director:	Alma Martinez, M.D., M.P.H.
Associate Director:	Valerie Margol
Senior Program Coordinator:	LaTasha Mitchell
Program Coordinator:	Gina Merriwether

The UCSF School of Medicine Post Baccalaureate Program is funded in part by the California Wellness Foundation.

Inquiries and correspondence should be directed to:

<https://meded.ucsf.edu/md-program/prospective-students/outreach>

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