February 28, 2022

Greetings Future Doctors,

Congratulations on getting to this part of your journey. We would like to invite you to apply to the UC Merced MCAT Prep program through the Office of Medical Education. This program is geared towards helping you prepare and pass the MCAT. This program consists of two mandatory components: The Total Student Transformation program and the Kaplan MCAT preparation course.

The first course, the Total Student Transformation program was developed by Dr. Andre Pinesett at Stanford University and has helped thousands of students to get motivated, achieve better test results, and ultimately achieve their academic goals through this preparation and study skills course. This program provides web-based training in four areas: effective time management, study skills and advanced study strategies, professional development (e.g., networking, application, personal statement interviewing) and mental fitness (e.g., motivation, goal setting, stress management).

This course includes:

1. Course: How to dominate the MCAT without an expensive prep class (over 30 hours of on demand lectures, lifetime access).
2. Community: Access to Dr. Pinesett’s COGG (Cult of Greatness Group)
3. Coaching: Access to biweekly live coaching sessions with Dr. Pinesett.
4. Dr. Pinesett will also host a Zoom meeting to onboard students.

Kaplan’s online MCAT preparation course provides students with an efficient, effective course designed along the Association of American Colleges (AAMC) blueprint (including its ten foundational concepts, 31 content categories, and four scientific inquiry and reasoning skills).

The Kaplan course includes:

1. Live MCAT instruction, course books, full length practice test and online research.
2. Class time includes 12 three-hour instructional sessions with live online delivery.
3. Unlimited access to MCAT Channel (an online additional resource with 90+ additional live hours of MCAT instruction taught by Kaplan’s highest rated faculty every day of the week).
4. Diagnostic exam, science assessments, and 15 full-length tests and much more.

At the end of your training and after taking the MCAT exam we will ask you to complete an evaluation for both courses. The combined value of both courses is $3,699. Your cost for the

MCAT Prep Program will be $200 for the 2022-2023 academic year. The Office of Medical Education and the Office of the Provost and Executive Vice Chancellor will cover the balance of the costs.

If you are interested, please visit the [Office of Medical Education Website](https://meded.ucmerced.edu/pre-med-pathway/mcat-preparation-program).

I look forward to your continued success and thank you in advance for taking advantage of this excellent opportunity to prepare for and succeed on your MCAT exam.

Warm Regards,

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Thelma C. Hurd, MD, MPH

Director of Medical Education

Thondapu Family Endowed Chair in Medical Education

UC Merced

Office of Medical Education