



Stanford
MEDICINE

Muslim Mental Health &
Islamic Psychology Lab
Psychiatry and Behavioral Sciences

Join the Pathways Mentorship Program

Applications Due:

May 22, 2026

Requirements:

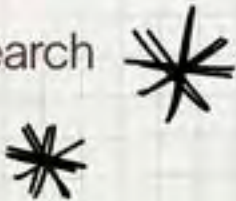
1. Formal academic research experience
2. Currently based in North America
3. Able to commit 10 hours/week
4. Available Mondays 1:30-3 pm PST
5. Able to commit to 1 year

Apply Today: <http://bit.ly/smmhip2627>

*all lower case

Learn more about each team →

Overall Skills Required

- Interest in Muslim mental health, identity, and community experiences
 - Exposure to topics related to trauma, stigma, or social inequities
 - Understanding (or willingness to learn) about marginalized populations
 - Ability to take ownership of a manuscript from analysis through publication
 - Collaborative team member with strong attention to detail and follow-through, and Willingness to learn and take feedback
 - Strong organizational and time management skills
 - Ability to meet deadlines and follow structured research workflows
 - Clear written and verbal communication
- 



Team: Suicide Prevention & Response

The SRT team focuses on understanding, preventing, and responding to suicide risk within Muslim communities through culturally grounded, evidence-based approaches. We examine risk and protective factors, reduce stigma, and develop training, resources, and interventions to support early identification, compassionate response, and community-based care.

Methodological Expertise Needed

1. Advanced qualitative analysis
2. Mixed methods research design and integration
3. Quantitative analysis
4. Working with large and/or unvalidated questionnaires
5. Literature review methodology & evidence synthesis

Research Capacity Required

1. Strong academic manuscript writing skills
2. Ability to translate research into publishable outputs
3. Familiarity with suicidology literature
4. Capacity to engage interdisciplinary frameworks (scientific, clinical, and religious)
5. Ability to adapt training modules for diverse audiences
6. Strong critical thinking & analytical reasoning skills

Team: CBPR & Social Justice

The CBPR & Social Justice team focuses on community-engaged research that centers the lived experiences of Muslim communities, particularly around mental health, stigma, and structural inequities. We collaborate closely with community partners to design, implement, and translate research into meaningful, culturally responsive impact.

Methodological Expertise Needed

1. Foundational qualitative analysis skills (e.g., coding, memoing, thematic analysis)
2. Basic understanding of mixed methods research design
3. Experience with literature reviews & evidence synthesis
4. Familiarity with qualitative/survey-based data collection

Research Capacity Required

1. Ability to summarize academic articles & extract key insights
2. Skills in identifying patterns/themes in data
3. Experience organizing datasets, transcripts, or research materials

Team: Chemical & Behavioral Addictions

The CBA team focuses on understanding and addressing addiction within Muslim communities through culturally informed, stigma-aware research. We examine risk and protective factors, barriers to care, and community perceptions to inform evidence-based, faith-sensitive prevention, intervention, and recovery efforts.

Desired Expertise & Capacity:

1. Systematic review & screening skills (title/abstract + full-text screening, inclusion/exclusion rigor)
2. Data extraction & synthesis (structured extraction, building evidence tables, organizing datasets)
3. Research writing & manuscript development (outlining, drafting, revising for publication)
4. Quantitative data management & analysis (data cleaning, statistical software—e.g., Stata/SPSS/R)
5. Research compliance & study implementation (IRB familiarity, survey deployment, recruitment workflows)
6. Publication process knowledge (journal selection, formatting, resubmission, responding to feedback)

Team: Islamic Psychology & History

The IPH team focuses on the study of the human soul, intellect, heart, & spirit; engaging classical scholarship and contemporary research to develop holistic, faith-centered frameworks of mental health, including reviving models of care inspired by historical institutions (e.g. Maristans).

Methodological Expertise Needed

1. Literature review & evidence synthesis (classical + contemporary)
2. Historical research methods (textual analysis, historiography, & archival)
3. Qualitative analysis (thematic/conceptual analysis & synthesis)
4. Comparative/interdisciplinary analysis (psychology, theology, history)
5. Basic research methods (scoping reviews, structured reviews)

Research Capacity Required

1. Strong academic writing (analytic, historic, conceptual)
2. Ability to engage with classical Islamic texts
3. Ability to synthesize complex ideas across disciplines
4. Theoretical & conceptual thinking (theory-building, framework development)
5. Critical analysis (identifying patterns, gaps, & tensions in literature)
6. Knowledge translation (making complex info accessible)
7. Familiarity with Islamic intellectual traditions
8. Strong attention to nuance, ethics, and non-reductive scholarship

Preferred/Bonus Skills

1. Arabic proficiency (reading/writing/listening)
2. Background in Islamic studies (fiqh, usul, tafsir, hadith)
3. Experience in historical or manuscript-based research
4. Clinical or mental health training
5. Multilingual proficiency (Arabic, Persian, German, French, Spanish)

Team: Student Mental Health

The SMH team focuses on understanding and improving the mental health and well-being of Muslim students across educational settings. We examine stressors such as academic pressure, identity, belonging, and stigma, and develop culturally responsive supports, resources, and interventions to promote resilience and success.

Desired Expertise & Capacity:

1. **Data Analysis:** Proficiency in statistical software like R, Python, SPSS, etc.
2. **Psychometrics:** Ability to validate assessment tools
3. **Data Management:** Expertise in organizing and "cleaning" long-term datasets to prepare them for analysis.
4. **Writing:** Strong academic writing for manuscripts
5. **Curriculum Design:** Knowledge of learning theories to help students effectively retain information and the ability to create "student-friendly" workshops and modules.

Team: Islam, AI, & Muslim Mental Health

The AI team explores how artificial intelligence intersects with Muslim mental health, ethics, and care. We examine the opportunities and risks of AI in mental health support while developing culturally grounded, ethically informed approaches to ensure that technology serves Muslim communities with integrity and compassion.

Methodological Expertise Needed

1. Qualitative/Quantitative/Lit review methods
2. Experimental/design-based research (e.g., testing LLM outputs)
3. Familiarity with AI/LLMs (use, evaluation, or development)
4. Survey development

Research Capacity Required

1. Ability to critically evaluate AI systems
2. Interdisciplinary thinking (AI, mental health, Islamic ethics)
3. Strong critical thinking and analytical reasoning
4. Ability to translate research into practical tools (e.g., GPTs, training, guidelines)
5. Comfort with emerging, rapidly evolving research

Team: Global & Refugee Mental Health

The GRH team focuses on understanding the mental health needs of Muslim populations across diverse global and displacement contexts. We examine the impacts of migration, conflict, and resettlement while developing culturally responsive, accessible, and contextually grounded mental health research and interventions.

Desired Expertise & Capacity:

1. Qualitative research (interviews, thematic analysis)
2. Quantitative analysis (regression-based analysis)
3. Research design & question development
4. Grant writing & project ideation
5. Manuscript writing & publication
6. Experience or interest in global/refugee mental health contexts

Team: Autism, Neurodivergence & Muslims

The ASD team focuses on understanding and supporting neurodivergent individuals within Muslim communities. We explore experiences of autism and other forms of neurodivergence through culturally informed, faith-grounded, strengths-based research, while working to reduce stigma and develop inclusive, community-centered supports and resources.

Methodological Expertise Needed

1. Scoping review methods
2. Qualitative methods
3. Quantitative methods (survey design, statistics)
4. Mixed methods research
5. Historical/textual analysis
6. Program evaluation

Research Capacity Required

1. Strong literature review & evidence synthesis skills
2. Qualitative and/or quantitative data analysis
3. Academic writing for publication
4. Theoretical interdisciplinary thinking
5. Ability to translate research into training or community-facing materials
6. Strong critical thinking and cultural competence

Team: Psychoeducation

The PSYED team focuses on translating mental health research and clinical knowledge into accessible, culturally relevant resources for Muslim communities. We develop educational content, workshops, and tools that increase awareness, reduce stigma, and empower individuals with practical strategies to support their mental well-being.

Methodological Expertise Needed

1. Literature review & evidence synthesis
2. Basic understanding of mental health research/clinical concepts
3. Content development for educational materials (slides, workshops)
4. Survey tools for evaluating training (basic)

Research Capacity Required

1. Ability to synthesize academic content
2. Ability to simplify complex concepts
3. Slide development & visual communication (Canva)
4. Curriculum/workshop design
5. Cultural competence in Muslim communities
6. Ability to translate research into practical tools
7. Attention to clarity, structure, & engagement
8. Strong critical thinking and communication skills

NEW! Team: Muslim Marriage & Family Systems

The MMFS team focuses on understanding relationships, family dynamics, and life transitions within Muslim communities. We examine factors such as marriage, singlehood, parenting, and intergenerational dynamics to inform culturally grounded, evidence-based approaches that strengthen family well-being and relational health.

Methodological Expertise Needed

1. Qualitative research
2. Quantitative research
3. Mixed methods research
4. Literature review & evidence synthesis
5. Survey and measure development (family, relationships, mental health)

Research Capacity Required

1. Strong academic writing for publication
2. Qualitative and/or quantitative data analysis
3. Theoretical and conceptual thinking (family systems, mental health, Islamic frameworks)
4. Ability to work across diverse topics
5. Understanding of Muslim family/community contexts
6. Ability to translate research into practical resources
7. Strong critical thinking and analytical reasoning



Stanford
MEDICINE

Muslim Mental Health &
Islamic Psychology Lab
Partners in Innovation